

The Best Eye Creams, According to Experts

While applying moisturizer is an obvious part of most people's skin-care routines, caring for the fragile skin under your eyes is a whole other ball game. "The skin on our lower eyelids is the thinnest in the entire body," explains Amanda Doyle, a board-certified dermatologist at Russak Dermatology Clinic. Which is why it is prone to a whole host of problems, including dark circles, bags, and wrinkles. To find the best creams that will actually give you results, we consulted Doyle and five other experts (including one aesthetician). Below, find their picks for the best eye creams to banish dark circles, reduce puffiness, and even ones that brighten and moisturize.

Best overall eye cream



Revision Skincare D.E.J. Eye Cream

Three of the dermatologists we spoke with had high praise for the D.E.J. Eye Cream from Revision Skincare for its ability to treat a variety of under-eye concerns. "This is a favorite in my office," adds Melissa Doft, founder of <u>Doft Plastic Surgery</u>, who recommends it for patients dealing with wrinkles, sagging skin, puffiness, and dark circles. According to <u>Hadley King</u>, clinical instructor of dermatology at the Weill Medical College of Cornell University, "This cream contains dipalmitoyl hydroxyproline and sunflower-seed oil for moisturizing, <u>vitamin C</u> for brightening, and peptides for reducing fine lines and wrinkles." It also contains goji fruit, which provides additional antioxidant benefits, and cucumber fruit water, which calms the skin, she explains. While it is on the expensive side, it is a multitasking product that will treat just about any problem you may be experiencing. Case in point: Doyle says it can also be used on the upper eyelids "to strengthen the thin skin, and help with crepiness, premature aging, and even hooding."